

TA-DA!

# 31-Happy family, Screen-Free Toddler Activity Ideas to savor in September

1. **Nature Walk:** Explore the outdoors, collect leaves (for leaf art!), & discover insects.
2. **Arts and Crafts:** Get creative with painting, coloring, and crafting.
3. **Storytime:** Read books together and let your child's imagination soar. Our favorite for toddlers' language learning in Spanish, French, Mandarin, German & English: [Language Adventures!](#)
4. **Sensory Play:** Set up sensory bins with different textures (water, sand, jello, etc.) and objects
5. **Playdough Time:** Mold and shape playdough for tactile fun.
6. **Build Forts:** Construct imaginative forts using blankets and pillows.
7. **Dance Party:** Groove to music (in a variety of genres - even those you don't know!) & have a dance-off!
8. **Puzzles:** Solve age-appropriate puzzles together.
9. **Play with Blocks:** Build towers, houses, and structures.
10. **Baking Fun:** Bake simple treats together in the kitchen.
11. **Water Play:** Set up water tables or splash in the kiddie pool.
12. **Plant Seeds:** Plant and care for small seeds or plants.
13. **Scavenger Hunt:** Create indoor or outdoor scavenger hunts.
14. **Play in the Park:** Visit a local park and enjoy the playground.
15. **Play Pretend:** Encourage imaginative play with dress-up and role-playing.
16. **Play with Stuffed Animals:** Have a tea party or give them a check-up.
17. **Music Time:** Experiment with musical instruments and sing songs.
18. **Bubble Fun:** Blow bubbles and chase after them.
19. **Obstacle Course:** Create a safe obstacle course at home.
20. **Science Exploration:** Conduct simple experiments, like mixing colors.
21. **Cooking Together:** Involve your child in meal preparation.
22. **Visit the Library:** Discover new books and attend storytime sessions.
23. **Play Hide-and-Seek:** Hide and seek is always a hit - inside or out!
24. **Play with Cars:** Race toy cars on DIY tracks.
25. **Beach Ball Fun:** Toss, kick, and roll a beach ball.
26. **Play with Puppets:** Put on puppet shows and tell stories.
27. **Play with Dolls:** Engage in nurturing and pretend play.
28. **Family Yoga:** Try kid-friendly yoga poses together.
29. **Gardening:** Tend to plants and explore the garden.
30. **Play with Balloons:** Bounce, toss, and play with balloons.
31. **Draw with Chalk:** Create art on the sidewalk with chalk.



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